



Kinesiology Associate of Arts

Program Summary Associate of Arts

If you are interested in sports, coaching, or athletic training, pursuing a degree in kinesiology is a great way to further your career. This program is geared toward those who love sports and want to help athletes achieve their highest potential. The Kinesiology Program provides a foundation to further your career at a four-year institution in sports management, athletic training, and coaching.

AA 5011 Kinesiology Associate of Arts		60 Hours	TSI Required
Required Core Courses (44 hours)			
Courses	Title	Credit Hours	
BCIS 1305	Business Computer Applications	3	
BIOL 2401	Anatomy & Physiology I	4	
BIOL 2402	Anatomy & Physiology II	4	
ENGL 1301	Composition I	3	
ENGL 1302	Composition II	3	
GOVT 2305	Federal Government	3	
GOVT 2306	Texas Government	3	
HIST 1301	United States History I	3	
HIST 1302	United States History II	3	
SPCH 1315	Public Speaking	3	
	Creative Arts*	3	
	Language, Philosophy and Culture*	3	
	Mathematics*	3	
	Social and Behavioral Science*	3	

Physical Education Elective Courses (16 Hours)		
Course	Title	Credit Hours
PHED 1301	Foundations of Kinesiology	3
PHED 1304	Personal/Community Health	3
PHED 1306	First Aid	3
PHED 1338	Concepts Physical Fitness	3
	PHED Elective¶	3
	PHED Activity Elective¶	1

*See Core Curriculum for course options

¶ See Course Description for elective options



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Year 1: Semester 1

Course	Semester Credit Hours
BCIS 1305 Business Computer Applications	3
ENGL 1301 Composition I	3
HIST 1301 United States History I	3
PHED 1301 Foundations of Kinesiology	3
SPCH 1315 Public Speaking	3
Total	15

Year 1: Semester 2

Course	Semester Credit Hours
ENGL 1302 Composition II	3
HIST 1302 United States History II	3
PHED 1304 Personal/Community Health	3
Creative Arts*	3
Mathematics*	3
Total	15

Year 2: Semester 1

Course	Semester Credit Hours
BIOL 2401 Anatomy & Physiology I	4
GOVT 2305 Federal Government	3
PHED 1306 First Aid	3
PHED Elective¶	3
Language, Philosophy and Culture*	3
Total	16

Year 2: Semester 2

Course	Semester Credit Hours
BIOL 2402 Anatomy & Physiology II	4
GOVT 2306 Texas Government	3
PHED 1338 Concepts Physical Fitness	3
PHED Activity Elective¶	1
Social and Behavioral Science*	3
Total	14

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¶ See Course Description for elective options